

# NRAO Corporate Partnership

Members enjoy **3 clubs for the price of one** at **acac** Albemarle Square, **acac** Downtown and **acac** Crozet:

## Albemarle Square and Downtown Features

- Vast array of strength training & cardio equipment
- Over 300 land, water and mind body group classes each week
- Mind body offerings include Yoga, tai chi, Pilates mat and reformer, Nia®, and more
- Indoor walk/jog track
- High-tech cycle studio
- Racquetball and Squash at **acac** Downtown
- Indoor & outdoor heated pools featuring swim lessons, aquatic exercise classes and more
- Trackside Café with internet stations at **acac** Albemarle Square
- Kids Zone childcare available for an extra fee (included with a family membership)
- Senior programs
- Rooftop pool and adult social space at **acac** downtown

## Crozet Features

- Variety of strength training & cardio equipment
- Mind body and group classes such as Yoga, Nia®, Athletic Conditioning, and more!
- Kids Zone childcare available for extra fee (included with a family membership)

## Enhance your experience with these added options:

- Nutrition services
- Personal Training and Small Group Training
- Physical Therapy at **acac**
- The Spa at **acac** (Albemarle Square & Downtown)
- Clay tennis courts
- Outdoor WaterPark including two huge water slides

Contact Joe Schwar: [joes@acac.com](mailto:joes@acac.com)  
or call 434-989-9292

acac.com

**acac** Albemarle Square  
500 Albemarle Square  
Charlottesville, VA 22901  
434.978.3800

**acac** Downtown  
111 Monticello Avenue  
Charlottesville, VA 22902  
434.984.3800

**acac** Crozet  
1015 Heathercroft Circle  
Crozet, VA 22932  
434.817.2055

**acac** Adventure Central  
200 Four Seasons Drive  
Charlottesville, VA 22901  
434.978.7529





# National Radio Astronomy Observatory

Your benefits as an **acac** Corporate Partner include, but are not limited to, the following:

1. **Three Personal Training sessions or Healthy Rewards to get you started.**
2. **Over 300 free group exercise classes per week.**
3. **Over 150 Pieces of cardiovascular exercise equipment.**
4. **Broadcast Vision (Watch TV & listen to music while you workout!)**
5. **Strength training machine and free weights.**
6. **Healthquest workout (30-minute comprehensive circuit).**
7. **5 Indoor pools and 2 whirlpools.**
8. **Steam showers & dry saunas.**
9. **Basketball, racquetball, and squash courts.**
10. **Programs for kids & adults.**
11. **Free yoga, cycling, Pilates, Nia, boxing fitness & more.**
12. **Free Childcare with Family Membership.**

Ask me how your company can start receiving the benefits  
of a wellness partnership with **acac**.

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**2013 acac ENROLLMENT FEES**

* Enrollment Fee	Standard	NRAO
<i>Individual</i>	<b>\$420</b>	<b>\$105**</b>
<i>Couple</i>	<b>\$528</b>	<b>\$132**</b>
<i>Family</i>	<b>\$624</b>	<b>\$156**</b>

*\*Enrollment may be divided into 12 installments.*

**PLATINUM LEVEL**

	FITNESS ONLY			FULL FACILITY		
	Individual	Couple	Family of 3*	Individual	Couple	Family of 3*
<b>Standard</b>	\$89.95	\$153.95	\$174.95	\$109	\$182	\$204
<b>NRAO Rate</b>	\$75	\$129	\$148	\$96	\$160	\$180
<b>Subsidy (paid by NRAO) &amp; Payroll Deduction DOES NOT APPLY IF EMPLOYEE HAS RC'D SEPARATELY</b>	\$12.50	\$12.50	\$12.50	\$12.50	\$12.50	\$12.50
<b>Final Employee per month cost</b>	<b>62.50</b>	<b>\$116.50</b>	<b>\$135.50</b>	<b>\$83.50</b>	<b>\$147.50</b>	<b>\$167.50</b>
			* add \$12 per additional child			* add \$12 per additional child

*Membership Definitions – All memberships are based on a 12-month agreement.*

- Individual Fitness Only:** An individual who has access to **acac** Albemarle Square and **acac** Downtown and **acac** Crozet @ Old Trail
- Couple Fitness Only:** Two members of the same household who have access to **acac** Albemarle Square and **acac** Downtown and **acac** Crozet @ Old Trail.
- Family Fitness Only:** Members of the same household (adults and dependant children) who have access to **acac** Albemarle Square and **acac** Downtown and **acac** Crozet @ Old Trail.
- Individual Full Facility:** An individual who has access to **acac** Albemarle Square, **acac** Downtown, **acac** Crozet @ Old and **acac** Outdoor WaterPark and Tennis.
- Couple Full Facility:** Two members of the same household who have access to **acac** Albemarle Square, **acac** Downtown, **acac** Crozet @ Old Trail and **acac** Outdoor WaterPark and Tennis.
- Family Full Facility:** Members of the same household (adults and dependant children) who have access to **acac** Albemarle Square, **acac** Downtown, **acac** Crozet @ Old Trail and **acac** Outdoor WaterPark, Tennis, and The Big Room.

For more information, please contact Joe Schwar at 434-989-9292 or email: [joes@acac.com](mailto:joes@acac.com).