

The new **myCigna.com** has been redesigned with you in mind. It's easy to navigate and find what you need to better manage your health and health care expenses:

## **Health & Wellness**

- **my health assessment.** Complete a confidential online questionnaire to establish a health profile. Also, find personalized health and wellness recommendations.
- **Condition and Wellness Resources.** Find information on health conditions, first aid, medical exams, wellness and more with an interactive medical library. Get the facts you need to make informed decisions about specific procedures and treatments.
- WebMD® Personal Health Record. Keep your medical history at your fingertips by automatically storing and tracking medical conditions, medications, allergies, procedures, immunizations and emergency contacts online.

## **Cost Estimates**

- **Estimate medical costs.** Evaluate costs in your area for common medical conditions and services so you know before you go.
- **Compare hospitals.** Learn how hospitals compare by cost, number of procedures performed, patient outcomes and more.
- **Prescription Drug Price Quote Tool.** Compare prices between our network of retail pharmacies and Cigna Home Delivery Pharmacy to make sure you're not overpaying.

## **Administrative Services**

- **Manage and track claims.** Quickly search and sort claims, and track account balances like deductibles and out-of-pocket maximums.
- **Refill prescriptions.** Save time and money by reordering prescriptions and getting up to a 90-day supply delivered right to your door.

It's all designed to click with you. myCigna.com

