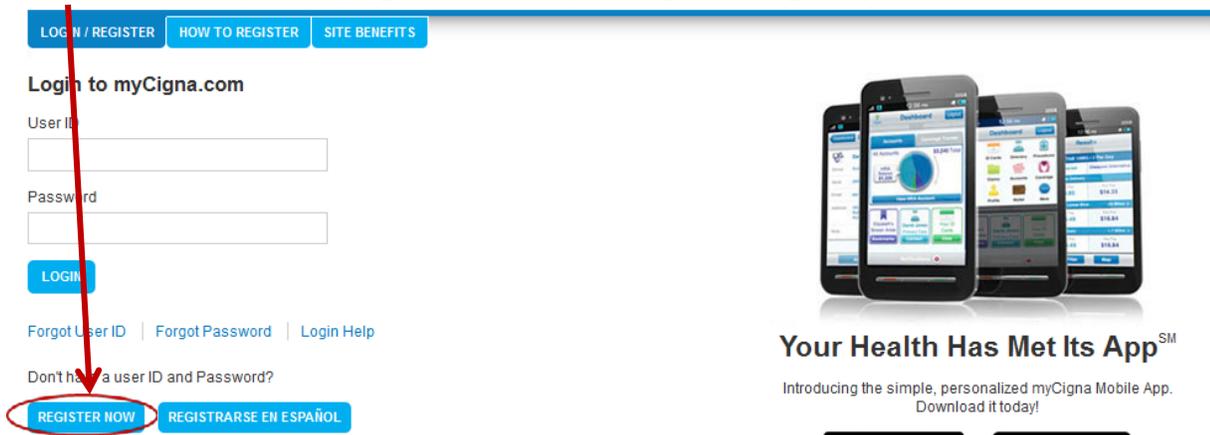


MEDICAL PLAN

Our medical plan is with CIGNA. If you elected medical coverage, you are encouraged to create a personal profile at <https://my.cigna.com/web/public/guest>. Cigna's phone number is 800-244-6224.



LOGIN / REGISTER HOW TO REGISTER SITE BENEFITS

Login to myCigna.com

User ID

Password

LOGIN

Forgot User ID | Forgot Password | Login Help

Don't have a user ID and Password?

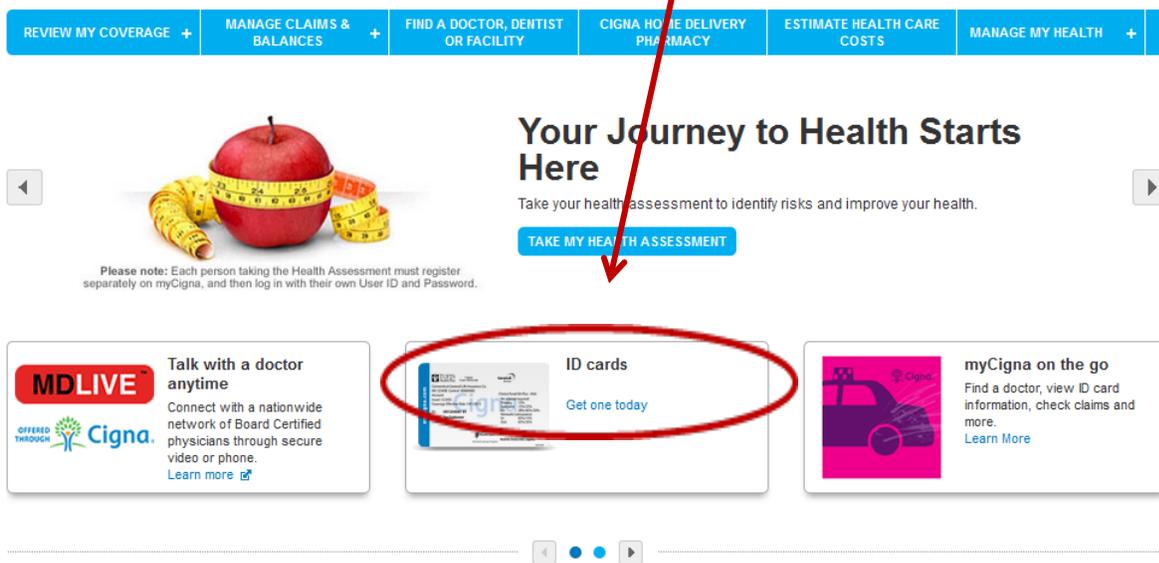
REGISTER NOW REGISTRARSE EN ESPAÑOL

Your Health Has Met Its AppSM

Introducing the simple, personalized myCigna Mobile App. Download it today!

Available on the ANDROID APP ON

After you've signed up and signed in, you can select ID cards (AND HSA management, claim information, provider searches...):



REVIEW MY COVERAGE + MANAGE CLAIMS & BALANCES + FIND A DOCTOR, DENTIST OR FACILITY CIGNA HOME DELIVERY PHARMACY ESTIMATE HEALTH CARE COSTS MANAGE MY HEALTH +

Your Journey to Health Starts Here

Take your health assessment to identify risks and improve your health.

TAKE MY HEALTH ASSESSMENT

Please note: Each person taking the Health Assessment must register separately on myCigna, and then log in with their own User ID and Password.

MDLIVE Talk with a doctor anytime
Connect with a nationwide network of Board Certified physicians through secure video or phone.
[Learn more](#)

ID cards
[Get one today](#)

myCigna on the go
Find a doctor, view ID card information, check claims and more.
[Learn More](#)

Health Savings Account

During your enrollment process, you should have signed up for your Health Savings Account at: <https://preenroll.healthcare.cigna.com/healthcare/preenroll/app/bank/welcome.do>. You may be asked to provide additional information for your application. If you have recently moved, or had a status change (marriage, name change, etc.) you may receive a letter from our HSA Bank asking you to verify those changes.

When you receive your card, you will need to activate it. You can do this via phone, or on MyCigna.com. If you receive more than one card, for your spouse or dependents, each card must be activated individually.

DENTAL PLANS

The dental plans (comprehensive and basic) are through Delta Dental of VA. If you subscribed to a dental plan, the best and quickest way to obtain an ID card is to go to www.deltadentalva.com and register (you'll be taken to Delta's "national" site for registration when you select "New Users Register Here"). Registration requires either your ID number (which you don't have since you don't have a card), or your Social Security Number. If you'd rather not use your SSN to register, you will need to obtain your ID number - call Delta at 800-237-6060 (they'll require some personal info from you).

Once your profile is set up, sign in. Here's a screen shot of the site when you sign in; in addition to your ID card, there is lots of useful information about your plan.

Benefit	Type	Required	Met	Remaining
All Covered Classes (Excluding Ortho)	Family coverage amount	\$150 \$150 \$150	\$0 \$0 \$0	\$150 \$150 \$150
All Covered Classes (Excluding Ortho)	Individual coverage amount	\$50 \$50 \$50	\$0 \$0 \$0	\$50 \$50 \$50

VISION PLAN

Our vision plan is with United Healthcare (utilizes the "Spectera" network). To obtain an ID card if you elected vision coverage, go to <https://www.myuhcvision.com/members/index.jsp>, then "Register Now" on the left side of the page. UHC's phone number is 800-638-3120.



Returning Users

User Name

Password

Login

Forgot your User Name or Password?

New User

Register Now

First Time User Registration!

If you are a first time user of the new site, please do not use your Social Security Number as the Subscriber ID during registration. Please click on "Don't Know Subscriber ID?" and simply follow the instructions shown on screen and continue with registration.

Provider Quick Search

Find a Provider Near:

Zip Code

or

Street Address

City

State...

Search

WELCOME

Thank you for coming to UnitedHealthcare for your vision needs. Our self-service tools are designed to give you the information you need, when and where you want it. Smartphone or desktop - we are here for you.

USER GUIDE

We have put together an overview guide for some of the most used features of the new site.

[Click Here to learn more.](#)

NEED CONTACTS?

Visit www.UHCContacts.com for all of your contact lens needs. Take 10% off every order just for being a UnitedHealthcare member.

Welcome to your new member website!

See your benefits clearly.

Since you likely don't have your subscriber ID yet, select "Don't know your Subscriber ID?" and follow the instructions to establish your profile. Once your profile is established, you may print your ID card(s) from United's website and you can search for providers.



User Registration

Enter your identifying information

Subscriber ID [Don't know your Subscriber ID?](#)

Date of Birth

Enter your contact information

First Name

Middle Name (optional)

Last Name

Email

Enter a unique user name and password

User Name

All passwords require at least 1 upper or lower case alpha character.